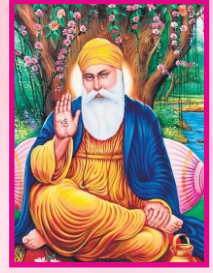




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# JEEVANPATH

## JEEVANPATH



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Total 44 Pages

Mumbai, 15th October 2023

Website : [www.jeevanjyot.in](http://www.jeevanjyot.in)

For Awareness ₹10/-

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**Om Sarve Bhavantu Sukhinah: Sarve Santu Niramaya |**

A Non-profit Magazine for Social Welfare from  
Jeevan Jyot Cancer Relief and Care Trust



**The picture speaks of Gandhi Jayanti**



It is with  
immense joy  
that we  
celebrate the  
anniversary of  
the Gandhi  
Temple  
established in  
the Office of  
the Trust.

The sponsor for this issue of Jeevanpath has also contributed generously towards relief activities for our cancer patients like Annakshetra, Jeevdaya and Toy Library

**Shri Rasikbhai Sobhagchand Shroff (Santacruz)**



Smt. Nidarshana Ramesh Govani, who always helps children with cancer, did not fail to benefit the children with cancer even in Ganpatiji's aarti at her residence.

The picture speaks of Grain Distribution



Having a noble feeling forever for Jeevan Jyot Trust Shri Mahendrabhai Punwani giving grains to a cancer-stricken woman.

If possible, please circulate this magazine among your friends and relatives. Your contribution and feedbacks are eagerly solicited. Thank You...

**Estd. : 1983**

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**Index**

|                                     |    |
|-------------------------------------|----|
| From The Editor's Desk .....        | 4  |
| Sardar Vallabhbbhai Patel.....      | 7  |
| Durga Pooja in Kolkata .....        | 11 |
| Women behind the Successful         |    |
| Chandrayan-3 Mission .....          | 15 |
| Leukemia -                          |    |
| Bone Marrow Cancer... ..            | 18 |
| Readymoney Mansion History .....    | 21 |
| Mata No Madh - Kutch. ....          | 23 |
| Bhavesh Bhatia -                    |    |
| Visually Disabled Entrepreneur .... | 26 |
| Skin Bleaching .....                | 29 |
| Girish Bharadwaj - An Engineer who  |    |
| built 127 bridges for free .....    | 31 |
| Dr. Jayesh Kapadia .....            | 33 |
| Taranga Jain Tirth .....            | 35 |
| Sanjay Kumar -                      |    |
| The Brave Soldier .....             | 37 |
| Pineapple Coconut Barfi .....       | 38 |
| Laughter Time .....                 | 42 |

**DECLARATION :** Articles written and published are solely by the writer's thoughts, Suggestions and treatments mentioned here should be practised after taking doctor's advice.

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ॐ **Arihante Namō Nama:**

"May every moment of every living being in the world be auspicious."

**FROM THE EDITOR'S DESK**



A person asked a question to his Guru. "My workers are not true to me. My children, my wife and the entire world is very selfish. Nobody is correct."

Guru smiled and told a story.

In one small village, there was a room with 1000 mirrors. One small girl used to go inside and play. Seeing thousands of children around her, she was joyful.

She would clap her hands and all the 1000 children would clap back at her. She considered this place as the world's happiest and most beautiful place and would visit it often.

This same place was once visited by a sad and a depressed person.

He saw around him thousands of angry men staring at him.

He got scared and raised his hands to hit them and in return 1000 hands got lifted to hit him back.

He thought... This is the worst place in the world. And left that place.

This world is also a room with 1000 mirrors around you.. What we let out of us is what the universe will give back to us.!!

"This world is Heaven or Hell. It's up to us what we make out of it." said the Guru.. ■

## -: PLEASE NOTE :-

Donors are requested to send their particulars; Name, Address, Pan Card Number, towards donation (corpus fund or general) on ***jeevan\_jyot@yahoo.in*** or **+91 9869206400**.

“These details are required to meet the provisions for Income Tax Regulations Act for 80G. If the trust is unable to give the donor details during audit, then penalties are levied to the trust.

The donors should insist for receipts and certificate(s). For International donations kindly contact our office for FCRA account details and process.

It is reported that some people are collecting donations in the name of our Trust with forged copies of our receipt book and certificates. We have not appointed anyone to collect donations.

Kindly contact us first before transferring any amount in any account for our trust.

## EASY METHOD OF GIVING DONATION TO US

For the ease of donors **Jeevan Jyot Cancer Relief & Care Trust** has opened **Savings Account** in :

|  |                     |
|--|---------------------|
| Bank of Maharashtra (Bhoiwada Branch)<br><b>IFSC</b> - MAHB0000563 | A/c. No 20059826756 |
|--|---------------------|

|   |                       |
|---|-----------------------|
| Bank of Baroda (Dena Bank) (Lower Parel Branch)<br><b>IFSC</b> - BARB0DBSUNX<br>(5th Character is Zero) | A/c.No.99290100008461 |
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|   |                     |
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|---|------------------------|
| HDFC Bank (Ghatkopar Branch)<br><b>IFSC</b> - HDFC0001473 | A/c. No 14731450000017 |
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Donors can now deposit from anywhere in India. Please inform the Trust Office about the same. The receipt and 80G certificate will be couriered to you as soon as possible. For more information about such donation, Please contact : **Mob No. 9869206400/9076169355**

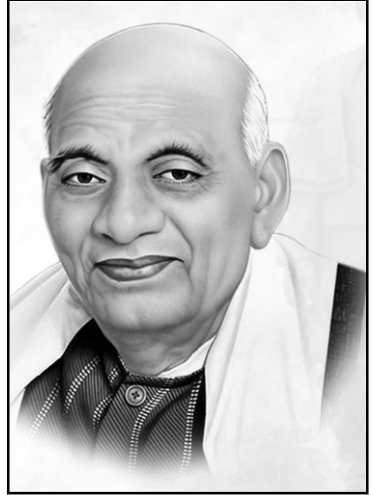
Yesterday I told a chicken to cross the road. It said, "What for?"

## **Amongst the many activities of the Trust few are undertaken in the name of the donors.**

- |   |                               |
|---|-------------------------------|
| 1) Smt. Naliniben Bipinchandra Mehta  | : Cancer Detection Centre     |
| 2) Smt. Champaben Zumakhram Shah  | : Colostomy Bag Centre        |
| 3) Smt. Sakarben L. D. Shah (Bidada)  | : Shri Jalaram Annadankshetra |
| 4) Smt. Pushpavati Kishorbhai Bhojraj (Merau)   | : Ambulance Service           |
| 5) Smt. Naynaben Bipinbhai Dani (Matunga)   | : Senior Citizen I-card       |
| 6) Shri Mahendrabhai Manilal Gandhi (Limbodra)  | : Black Molasses              |
| 7) Shri Dunganrshi Mulji Maru (Karaghogha)  | : Modern equipment            |
| 8) Miss Saisha-Naisha Dani (Matunga)  | : Toy Bank                    |
| 9) Matushree Khetbai Devraj Maru (Halapur)  | : Charitable Dispensary       |
| 10) Matushree Kantaben Chunilal Gagaldas Shah (Serisa):   | Animal Welfare                |
| 11) Matushree Chandraben Jayantilal Chatrabhuj Modi &<br>Matushree Lachhbai Hirji Karamshi Bheda (Samaghogha) : | 'Haldi Doodh'                 |
| 12) Shri Hariram Mathuram Agrawal (Chembur)   | : Fruit Distribution          |
| 13) Matushree Sushilaben Kantilal Dani (Harsol)   | : Animal Ambulance            |
| 14) Matushree Lalitaben Biharilal Shah (Santacruz)  | : Ozone Therapy Centre        |
| 15) Matushree Taraben Jayantilal Vadhani (Matunga)  | : Jeevan Jyot Drug Bank       |
| 16) Late Kumari Hansaben Ratanshi Lodaya  | : Competition Scheme          |
| 17) Mayurbhai Mehta and Jitendrabhai Parekh   | : Ambulance Maintenance       |
| 18) Matushree Indumatiben Mahendrabhai Gandhi (Limbodra)  | : Pathology Lab               |
| 19) Smt. Manjulaben Natwarlal Shah (Harsol)   | : Medical Camp                |
| 20) Shri Natwarlal Bulakhidas Shah (Harsol)   | : Blood Camp                  |
| 21) Smt. Nalini Rasik Jadavji Shah  | : Ambulance Service           |
| 22) Late Shri Inderchand Lakhichand Khinvesera (Dhule) :  | Pasti Scheme                  |
| 23) Dr. Ramesh Mantri   | : Grain Distribution          |

**BIRTH ANNIVERSARY****Sardar Vallabhbhai Patel**

Sardar Vallabhbhai Patel was born on 31st October, 1875 in Nadiad, Kheda district, Gujarat and was raised in the countryside of the state of Gujarat. He was a successful lawyer.



One of Mahatma Gandhi's earliest political lieutenants, he organised peasants from Kheda, Borsad and Bardoli in Gujarat in non-violent civil disobedience against the British Raj, becoming one of the influential leaders in Gujarat. He was appointed as the 49th President of Indian National Congress, organising the party elections in 1934 and 1937, while promoting the Quit India Movement.

Patel supported Gandhi's non-cooperation movement and toured the state to recruit more than 3,00,000 members and raised over Rs. 1.5 million in funds. Helping organise bonfires in Ahmedabad in which British goods were banned, threw in all his English style clothes. Along with his daughter Manilben and son Dahyabhai, he switched over completely to wearing Khadi, the locally produced cotton clothing.

In Gujarat, he worked extensively in the following years against alcoholism, untouchability, and caste discrimination as well as for women empowerment. In the Congress, he was a resolute supporter of Gandhi against his Swarajist critics. Patel was elected as Ahmedabad's Municipal President in 1920, 1924 and 1927. During his terms, he oversaw improvements in infrastructure, the Supply of Electricity was increased, Drainage and Sanitation systems were extended throughout the city. The School system underwent major reforms. He fought for the recognition and payment of teachers and even took on sensitive Hindu-Muslim issues.

Sardar Patel, a charismatic leader who spoke his mind and valued the views of those who disagreed with him, believed strongly in the unity of Indians who fought the British together and their determination to advance from 'SWARAJYA TO SURAJYA!'. He was an outspoken supporter of women's liberation and self sufficiency as a result of rapid industrialisation.

He used diplomacy, mediation and foresight to get the various princely states into the Indian Union without bloodshed! His most lasting legacy is his attempts to unite a dispersed country where his persuasive skills and statesmanship were put to the test. He was tasked with the monumental mission of political integration of India and he was responsible for uniting the country's 562 princely states.



Hence he was called 'Iron Man of India' for his unwavering attempts to integrate the princely states into the Indian Federation.

Sardar rose through the ranks to become India's first Deputy Prime Minister. He was also the Republic of India's founding member.

His Birthday, October 31 was proclaimed 'Rashtriya Ekta Divas' by the Government in 2014, which is National Unity Day. ■

### ***Life Is...***

*Life is an opportunity; benefit from it.*

*Life is a beauty; admire it.*

*Life is a dream; realize it.*

*Life is a challenge; meet it.*

*Life is a duty; complete it.*

*Life is a game; play it.*

*Life is a promise; fulfill it.*

*Life is sorrow; overcome it.*

*Life is a song; sing it.*

*Life is a struggle; accept it.*

*Life is a tragedy; confront it.*

*Life is an adventure; dare it.*

*Life is luck; make it.*

*Life is life; fight for it!*

## How can you help ?

|   |           |
|---|-----------|
| ■ Full One day Free Meal .....                                    | 12,500    |
| ■ One Time Free Meal (Near Tata Hospital) .....                   | 2,000     |
| ■ One Time Free Meal With Sweet (Near Tata Hospital) .....        | 3,500     |
| ■ 5 Yearly Miti Yojana (Near Tata Hospital) .....                 | 8,000     |
| ■ Lifetime Miti Yojana (Near Tata Hospital) .....                 | 25,000    |
| ■ Whole Day Turmeric Milk (Near Tata Hospital) .....              | 700       |
| ■ One Time Free Meal (J. J. Hospital/Wadia Hospita ) .....        | 4,000     |
| ■ One Time Free Meal With Sweet (J.J.Hospital/Wadia Hospita) .... | 7,000     |
| ■ One Time Free Meal (St. George's Hospital) .....                | 2,000     |
| ■ One Time Free Meal With Sweet (St. George's Hospital) .....     | 3,500     |
| ■ Special Member .....  | 31,000    |
| ■ Blood Donation Camp .....                                       | 40,000    |
| ■ One Day Picnic For Patients .....                               | 30,000    |
| ■ Charitable Allopathic Dispensary Monthly Expenses .....         | 30,000    |
| ■ One Cancer Checkup Camp (100 Persons) .....                     | 40,000    |
| ■ Other Types Of Medical Checkup Camps (100 Persons) ....         | 40,000    |
| ■ Toy Bank Monthly Expenses .....                                 | 20,000    |
| ■ Charitable Homeopathic Dispensary Monthly Expenses ...          | 15,000    |
| ■ Monthly Adoption Expenses for 1 Patient .....                   | 15,000    |
| ■ Monthly Radiation for 1 Patient .....                           | 25,000    |
| ■ Pigeons' Medicine For 1 Month .....                             | 7,500     |
| ■ Cost of One Day Grains .....                                    | 2,500     |
| ■ Ordinary Member Fee .....                                       | 2,000     |
| ■ Daily Dry Grass Cost .....                                      | 2,000     |
| ■ Green Grass Cost per day .....                                  | 1,500     |
| ■ Cow's Roti Cost per day .....                                   | 1,000     |
| ■ Daily Milk for Dogs .....                                       | 1,000     |
| ■ Cost of Feed for Pigeons .....                                  | 1,000     |
| ■ Ambulance .....   | 1,000     |
| ■ Ozone Therapy .....   | 500       |
| ■ Lifetime Yojana for Donors .....                                | 12,50,000 |
| ■ Sponsorship for 1 Year .....                                    | 1,25,000  |
| ■ Patronship .....  | 1,25,000  |
| ■ Vice-Patronship .....   | 75,000    |

## FESTIVALS OF INDIA

# DURGA POOJA IN KOLKATA



Durga Pooja in Kolkata is an annually celebrated festival magnificently marking the worship of the Hindu mother goddess Durga. This festival is the biggest festival in Kolkata. The festival symbolises the homecoming of Goddess Durga for 5 days to her matrimonial home from Mt. Kailash with her children Ganapati, Kartikeya, Lakshmi and Saraswati. It is a celebration of good over evil as the goddess vanishes the demon Mahishasura.

The first Durga Pooja in Kolkata was most likely organised by the Sabarna Roy Chaudhary family of Behala in the southern fringes of Kolkata in 1610. A few other landlords organised the Pooja in the districts of Hoogly, Bardhaman and Nadia during the 17th Century.

Barowari Durga Pooja began in Kolkata in the early part of the 20th Century. It quickly became Durga Pooja for the common people's festival. Earlier Durga Pooja was confined



to wealthy families. In 1910, the first. Barowari Durga Pooja in Kolkata was organized by 'Bhowanipore Sanatan Dharmatsahini Sabha' at Balram Basu Ghat Road, Bhowanipore.

Since 1995; the Asian Authority has introduced the practice of awarding the Durga Pooja Committees. This award is called the Asian Paints Sharad Shanman. Then the Government of West Bengal introduced Biswa Bangla Sharad Sanman in 2013.

Durga Pooja is mainly celebrated for 5 days. Shashti (6th day), Saptami (7th day), Ashtami (8th day), Navami (9th day) and Dashmi (10th day) which is called Bijoya Dashmi. But the festive mood around Durga Pooja in Kolkata starts before Shashti, mainly from Mahalaya. Durga Pooja Pandals are opened to the public from the day of Mahalaya. The main attractions of Durga Pooja are the decorations, sculptures, Pandals, Lights and illuminations and carnival.

In these 5 days everybody is in a festive mood. Offices are closed and people visit the Pandals to see the decorations and pray to the Goddess Durga.

In 2023, Durga Pooja will be celebrated from October 20 to October 23.

The actual Durga Pooja begins on Sasthi (6th day). It is believed that this autumnal worship was initiated by Rama to seek the help of the goddess in defeating Ravan. Hence the goddess has to be specially invoked through the ceremony of Bodhan which is performed in the evening. Other rituals like Nabapatrika, Snan, Anjali, Kumari Pooja, Sandhi Pooja,

Dhunuchi Naach, Sindhur Khela are done during all these five days.

On the 10th day, Bijoya Dashmi, the goddess is bid farewell before being taken out for immersion in the river. One of the rituals include Sindur Khela where married women offer vermillion and sweets to the goddess. After that they smear each other with the Vermillion.

The goddess Durga with her children are taken out in a procession in Bisarjan to immerse in the river, which indicates that she returns to Mt. Kailash.

Bijoya marks the end of the annual festival. Young people touch the feet of the elders and elders bless them. Special Sweets Naru or round balls made with coconut and jaggery are distributed. ■



## ***BENEFITS FOR CANCER PATIENTS***

| <b><i>Name</i></b>  | <b><i>Area</i></b> | <b><i>Amt.</i></b> |
|---|--------------------|--------------------|
| ❖ In memory of Arun Pugaonkar<br>By : Ayush, Aishwarya,<br>Saundarya Arun | Kurla              | 16,000/-           |
| ❖ Mitesh Bhalani  | USA                | 12,000/-           |
| ❖ In memory of Arun Pugaonkar<br>By : Anil Kashiram Pugaonkar             | Kurla              | 4,000/-            |
| ❖ Dr. Ruchita Nitin Bhorkar   | Vileparle          | 3,000/-            |
| ❖ Kiran L. Bhosale  | Prabhdevi          | 2,000/-            |
| ❖ Kashmira Roowala  | Dadar              | 1,000/-            |
| ❖ Dr. Jaya Rajurkar   | Peddar Road        | 1,000/-            |
| ❖ Anju Khushlani  | Mulund             | 500/-              |

### Last Month's activities carried out by Trust

- 31 cards were given for food and 9 for Haldi milk.
- Food Grains distributed among 160 Cancer patients family.
- Fruits were distributed among 178 Cancer patients.
- 7 poor & roadside needy patients were given blood transfusions.
- Accommodation help was given to 11 patients.
- 11 patients were given help by different trusts and received best response.
- Medicines worth Rs. 5,98,230/- were given to cancer patients.
- Medical treatment worth Rs. 3,31,520/- was given to other patients.
- 14 birds and animals who met with an accident were given treatment in the Animal Hospital.
- Medical treatment was given to animals and birds worth Rs.4,23,250/-.
- Handicapped person were provided with : 2 Walker, 3 Walking Sticks, 3 Commode Chairs, 5 Wheel Chairs, 3 Flower Beds, 2 Oxygen Machines and 5 Oxygen Cylinder were given.
- 7 files made for cancer affected patients.
- 43 Patients got benefit of free Ambulance Service.
- 8 patients got Colostomy Bag at Concessional Rate.
- 3 Cancer patients were given ritual burial under "Kafan-Dafan" scheme.
- 2 unknown persons loitering in street were admitted to Old Age Home.

■ ■ ■

### A big request to all the donors to donate wholeheartedly for the various activities that help the poor & needy cancer patients.

*The activities are as follows: (Per day)*

|                                     | Amt.                    |
|-------------------------------------|-------------------------|
| ■ Food Distribution - .....         | ₹ 25,000/-              |
| ■ Grain Distribution - .....        | ₹ 2,500/-               |
| ■ Cancer Treatment expenses - ..... | ₹ 25,000/-              |
| ■ Medicine expenses .....           | ₹ 10,000/-              |
| ■ Chemotherapy expenses- .....      | ₹ 40,000/-              |
| ■ Wheelchair - .....                | ₹ 6,500/-               |
| ■ Crutches - .....                  | ₹ 600/-                 |
| ■ Walker - .....                    | ₹ 1,200/-               |
| ■ Hearing Aid -                     | With the help of Donors |
| ■ Free Ambulance Service - .....    | ₹ 1,000/-               |

## Women Empowerment

# WOMEN BEHIND THE SUCCESSFUL CHANDRAYAN-3 MISSION

While India celebrates the successful landing of Chandrayan-3 on the moon, there are only a few who are talking about the female scientists who worked behind the scenes to make the mission successful.

**Dr. Ritu Karidhal :-** She is distinguished as one of the esteemed 'Rocket Woman of India' and holds the positions of scientist and aerospace engineer within ISRO. Her illustrious career also encompassed the role of Deputy Operations Director for India's Mars Orbiter Mission, famously known as Mangalyaan.



**Muthayya, Vanitha :-** She stands as an accomplished Indian Electronics System Engineer, recognised for her leadership in spearheading Satellite Project within the esteemed precincts of ISRO. Under her guidance, ISRO



embarked on a historic lunar exploration venture. Notably her contributions also extended to the triumphant Mangalyaan Mission of 2013 where India made its mark in Martian exploration.

**Nandini Harinath :-** She has devoted two decades of her professional life in ISRO. Over the span she has ardently



contributed her expertise to a noteworthy tally of 14 missions. Presently occupying the esteemed roles of Project Manager & Mission Designer, her prowess shown brilliantly as she undertook the responsibility of Deputy Operations Director for the heralded Mars Orbiter Mission.



**Anuradha T.K. :-** A venerable Indian Scientist holds the distinction of being the retired Project Director of ISRO with a specialisation in communication satellites. Notably, Anuradha holds the distinction of being the first woman to ascend to the prestigious post of a Satellite Project Director of ISRO.



**Minal Rohit :-** An esteemed Indian Scientist and System Engineer is affiliated with the ISRO where she played an instrumental role in Orchestrating the triumphant journey of the Mangalyaan.



**Moumita Dutta :-** She stands as an accomplished Indian Physicist vigilantly serving as a Scientist / Engineer within the esteemed confines of the Space Applications Centre (SAC) at the ISRO in Ahmedabad.



**V. R. Lalithambika :-** She is a distinguished Indian Engineer and Scientist





of the ISRO. Her specialisation lies in the realm of Advanced Launcher Technologies, a domain of crucial significance for Space Exploration. Her prominent role involved spearheading the ambitious Gaganyaan Mission in the year 2022.



**Tessy Thomas :-** She emerged as a prominent Indian Scientist holding the esteemed position of Director General of Aeronautical Systems. She has also occupied the position of Project Director for the Agni-IV missile at the DRDO. She has been given Lal Bahadur Shastri National Award in 2018 and in 2022, she was honoured with the Lokmanya Tilak Award too. ■



**JEEVDAYA**

| <b>Name</b>          | <b>Area</b> | <b>Amt.</b> |
|----------------------|-------------|-------------|
| ❖ Vinoini T. Shetty  | Parel       | 3,000/-     |
| ❖ Dr. Anjali B. Kale | Parel       | 2,000/-     |

**TOY BANK**

| <b>Name</b>   | <b>Area</b> | <b>Amt.</b> |
|---|-------------|-------------|
| ❖ In sweet memory of Ms. Pari<br>By : Khushbu Agrawal | Kanjurmarg  | 10,000/-    |
| ❖ Suvarna Rasam                                       | Naigaon     | 500/-       |



# LEUKEMIA - Bone Marrow Cancer...

Leukemia is a group of blood cancers that usually begin in the bone marrow and result in high numbers of abnormal blood cells. These blood cells are not fully developed and are called blasts or Leukemia Cells. Symptoms may vary including bleeding and bruising, bone pain, fatigue, fever and increased risk of infections. Those symptoms occur due to a lack of normal blood cells. Diagnosis is typically made by blood tests or bone marrow biopsy.

The exact cause of Leukemia is still unknown. A combination of genetic factors and environmental factors may include Down Syndrome. Environmental risk factors may include significant radiation exposure prior to chemo-therapy.

Doctors may find chronic Leukemia in a routine blood test, before symptoms begin.

**Following diagnostic examination may be necessary,**

**1) Physical Examination :** Doctor will look for physical signs of Leukemia such as pale skin from anemia, swelling of your lymph nodes and enlargement of your liver and spleen.

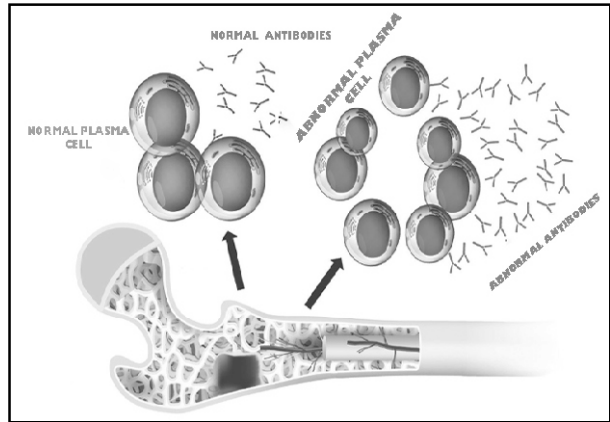
**2) Blood Tests :** By looking at a sample of blood, a doctor can determine if you have abnormal levels of red or white blood cells or platelets which may suggest Leukemia.

**3) Bone Marrow Test :** A procedure to remove a sample of bone marrow from your hip bone. The bone marrow is





removed using a long thin needle. The sample is sent to the laboratory to look for Leukemia cells. Specialised tests of Leukemia cells



may reveal certain characteristics that are used to determine treatment options.

## Treatment

Common treatments used to fight Leukemia includes:

**1) Chemotherapy :** It is the major form of treatment. This drug treatment uses chemicals to kill Leukemia cells.

Depending on the type of Leukemia, one may receive a single drug or a combination of drugs. These drugs may come in a pill form or may be injected directly into a vein.

**2) Targeted Therapy :** This drug treatment focuses on specific abnormalities present within cancer cells. By blocking the targeted area, drug treatment can cause cancer cells to die.

**3) Radiation Therapy :** Radiation therapy uses X-rays or other high energy beams to damage Leukemia cells and stop their growth. During Radiation therapy, patient lies on a table





and a large machine moves around him directing the radiation to precise points on his body. He may receive radiation in the specific area of his body where there is a collection of Leukemia cells or may receive radiation over whole body. Radiation therapy may be used to prepare for a bone marrow transplant.

**4) Bone Marrow Transplant :** It is also called a stem cell transplant, which helps reestablish healthy stem cells by replacing unhealthy bone marrow with Leukemia free stem cells that will regenerate healthy bone marrow.

Prior to bone marrow transplant, the patient receives very high doses of chemotherapy or radiation therapy to destroy Leukemia producing bone marrow. Then receives an infusion of blood forming stem cells that rebuild bone marrow. One may receive stem cells from a donor or use their own stem cells.

**5) Immuno Therapy :** It uses the immune system to fight cancer. Body's disease fighting immune system may not attack cancer because cancer cells produce proteins that help them hide from the immune system cells. This therapy works by interfering with that process.

**6) Engineering Immune Cells :** A specialised treatment called Chimeric Antigen Receptor (CAR) -T cell therapy takes the body's germ fighting T-Cells, engineers them to fight cancer and infuses them back into the body.

**7) Clinical Trials :** These are experiments to test new Cancer treatments and new ways of using existing treatments.



## DO YOU KNOW ?

### Readymoney Mansion History

I was recently roaming around the streets of the Fort area in Mumbai and I saw a very interesting building with the name "Readymoney Mansion."

Now Mansion I can understand but what is this "Readymoney" exactly ? To know more about this, let's go back to the 19th Century when a Parsi family came to Mumbai and they earned a great fortune in the Opium trade. This family was so rich that whenever the British Government needed money here, they would come to this family and they would always get the required amount.

Since this family always had money to offer the British, got them the title "Ready money" as they always had money readily available with them. This was the office of Sir Cowasji Jehangir Readymoney who belonged to the same family.

If you observe this building closely, you can see his initial CJ written in the form of a Monogram. If I were to give you an idea as to how rich the family was, the architect of this



building was George Wittet and this is the same person who designed The Gateway of India. Sir Cowasji Jehangir and his family have many important buildings to Mumbai City like the Jehangir Art Gallery, Elphinstone College Building, Mumbai University's Convocation Hall, National Gallery of Modern Art's Building, Readymoney Terrace building in Worli Naka and many more...

Also Sir Cowasji Jehangir Readymoney donated two interesting fountains as charity. One is very near to his house in the St. Thomas Cathedral and the other is in London's Regent's Park.

If you ask anyone in London about the Parsee's Fountain or the Readymoney Drinking Fountain, they will guide you here.

Anyway, so by just walking, reading and knowing about the name Readymoney led us to an interesting story. ■

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### ***DONATE WITH AN OPEN HEART***

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| <b><i>Name</i></b>                | <b><i>Area</i></b> | <b><i>Amt.</i></b> |
|-----------------------------------|--------------------|--------------------|
| ❁ Vilma J. Furtado                | Andheri            | 5,000/-            |
| ❁ Kumar B. Fatnani                | Mulund             | 3,500/-            |
| ❁ Pooja K. Fatnani                | Mulund             | 3,200/-            |
| ❁ Vamika Raj Vaishnavi Khandelwal | Kalachowki         | 1,000/-            |
| ❁ Jaloo H. Ghadiyali              | Parel              | 500/-              |



## PLACES OF INTEREST

### MATA NO MADH - KUTCH.

Mata no Madh is a village in Lakhpat taluka of Kutch District, Gujarat. The village is surrounded by hills on both banks of a small stream and has a temple of Ashapura Mata, the household deity of former Jadeja rulers of Kutch State. The village is located about 105 kms from Bhuj.

The temple was built in the 14th Century by two Karad Vanias Ajo and Aanagor. They were the ministers in the court of the father of Lakho Phulani. The temple was damaged by the earthquake in 1819. Then it was rebuilt by Sundarji Shivji and Vallabhaji Mehta - two brahmakshatriya in 1823. The temple is 58 ft long, 30 ft wide and 52 ft tall. Except that it has a passage for walking around the deity, it is much the same as the temple of Koteshwar. The temple was damaged again by the earthquake in 2001 but was repaired again.

The image of Ashapura Mata in the shrine is a red painted stone about 6 ft high and 6 ft broad at the base, narrowing to a point in a shape with some rough likeness to a human form. Here every year during Navratri, the Rao of Kutch used to



offer sacrifice of 7 male buffaloes. The practice of animal sacrifice has been stopped. Jamadar Fateh Mohmmad, the military leader of Kutch state, had presented this temple with a deepmala- weighing 2 kg. silver and with 41 lamps carved on it.

Ashapura Mata, incarnation of Annapurnadevi. It is popular amongst the devotees as she fulfills desires and wishes of people who pray to her in need. Every year at the Navratri Annual Fair at Mata no Madh, lakhs of devotees turn up to pay respect to the goddess from all over Gujarat and even Mumbai. Camps and relief facilities are set up around the road leading to Mata no Madh for this pilgrimage.

She is the Kuldevi of Kutchi Jadeja, Rajputs, Bhanushali, Gosar, and Poladia Community. The Patels of Charotar in Piplav also worship the deity as Kuldevi. ■



### **JALARAM ANNADANKSHETRA**

| <b>Name</b>                                 | <b>Area</b> | <b>Amt.</b> |
|---|-------------|-------------|
| ❖ Dr. Suresh Menon                          | Bhoiwada    | 7,000/-     |
| ❖ Sanalp Donation Kitty                     | Churchgate  | 7,000/-     |
| ❖ Shanthala V. Kamath<br>By : Vasant Kamath | Sion        | 7,000/-     |
| ❖ Mridul                                    | Parel       | 4,000/-     |
| ❖ Jashree Mahadev Bhosle                    | Prabhadevi  | 3,500/-     |
| ❖ Saloni Ajit Desai's Birthday              | Parel       | 3,500/-     |
| ❖ Dr. Anjali B. Kale                        | Parel       | 3,500/-     |
| ❖ Shankar Ramji Rasam                       | Malad       | 3,000/-     |
| ❖ Harshad Manohar Patankar                  | Kalachowki  | 2,000/-     |
| ❖ Santosh Desai & Sharvari Desai            | Hindmata    | 2,000/-     |
| ❖ Shivali Jangam                            | Parel       | 2,000/-     |



**WITH THE INSPIRATION OF SHRI BIPINBHAI DANI  
(EKTA PARIVAR I.G., Matunga) for the benefit of Cancer Patients**

| Donor's Name   | Area      | Scheme       | Amt. ₹  |
|--|-----------|--------------|---------|
| <p>☛ In loving memory of Late Arvindbhai Vallabhdas Sonecha<br/>By : Hansaben Arvindbhai<br/>Sonecha Family</p>                            | Kandivali | Medicine     | 2,000/- |
| <p>☛ In loving memory of Late Mahendrabhai<br/>Manilal Gandhi (Limbodara)<br/>By : Induben, Alpesh, Sanjay Gandhi<br/>Family</p>           | Borivali  | Jeevdaya     | 1,200/- |
| <p>☛ In loving memory of Late Natvarlal Bulakhidas Shah (Harsol)<br/>By : Manjulaben Natvarlal<br/>Shah Family</p>                         | Kandivali | Jeevdaya     | 1,000/- |
| <p>☛ In loving memory of Late Kamlaben &amp;<br/>Late Kantilal Nagindas Shah (Harsol)<br/>By : Kantilal Nagindas Shah Family Bhayandar</p> |           | Medicine     | 1,000/- |
| <p>☛ In loving memory of Late Kamlaben &amp;<br/>Late Bechardas Doshi<br/>By : Dilip B. Doshi</p>  | Mulund    | Jeevdaya     | 500/-   |
| <p>☛ In loving memory of Late Shardaben &amp;<br/>Late Chimantal Sakarchand Shah (Uvarsad)<br/>By : Hema Pradip Shah</p>                   | Pune      | Haladi Doodh | 500/-   |

Yesterday I told a chicken to cross the road. It said, "What for?"

# Bhavesh Bhatia -

## Visually Disabled Entrepreneur

Bhavesh Chandubhai Bhatia was born on December 29, 1970. He is commonly known as Dr. Bhavesh Bhatia, is a visually disabled entrepreneur and founder of Sunrise Candles based in Mahabaleshwar, Maharashtra, India. Sunrise Candles is a Candle making company run majorly by visually disabled people.



Bhavesh was born with retina macular degeneration and had little sight while he was growing up. His mother had developed cancer and later died from her illness. His father was a caretaker at a guest house in Mahabaleshwar. At the age of 23, Bhavesh lost his job. Then he joined the National Assn. for the Blind (NAB) and took training in candle making. He did a 4-month rehabilitation course, where he was taught how to make candles for a living. At NAB, Bhavesh also took training in accupressure, braille and few other things.

According to Bhavesh he wanted to start his own business of candle making but moulds were expensive that he could not afford. So he started working as massage accupressure therapist in hotels in Mahabaleshwar. This

job helped him save money with which he bought a plain candle mould and 5 Kg. wax.

He started making plain candles and worked as a street vendor in front of Holy Cross Church in Mahabaleshwar. He used to set aside Rs. 25/- per day for the next day's raw material.

He tried to get help from many sources but could not get the technical and professional assistance. He couldn't get loans from banks either. To get an idea about candle designs, he used to go to Shopping Malls with his wife and tried to touch and feel the different varieties of candles on display.

A special scheme by NAB for blind people helped him get a loan of Rs. 50,000/- from Satara Bank. Once his friend Niraj Chandan visited his house and was astonished to see the candles he used to make. Niraj took photos with a digital camera and put up a small website. He advertised on google and Bhavesh started getting a lot of orders. Then things began to change. Advertisements in Google spread and they started having names. Bhavesh got a small piece of land from one of his friends and another builder friend built a small candle making center on that land.

Now Sunrise Candles which employs a team of 3470 visually impaired people and divyang in 14 states of India. Now he imports wax from the U.K. and manufactures different kinds of candles which includes floating candles, toy shaped candles, pillar candles, gel candles, fruit basket candles etc.

They have developed more than 10,700 Designer, Scented, Plain and Aromatherapy candle designs. The client list of Sunrise Candles includes Reliance Industries, Ranbaxy, Big Bazaar, Navode Industries, Rotary Clubs and many hotel groups.

He opened a skill development center at Moleshwar Village near M'war to train disabled people. This center is known as the Wax Museum. This center also has a free hostel for blind students, free accomodation, free mess and free skill training facilities such as candle making, marketing. Meditation seminars, motivational lectures are organised here.

Bhavesh has been participating in Paralympic category games and has won 117 NAB IBSA Medals.

- ☞ He has won Gold Medal in Javelin throws in National Paralympic Games: New Delhi in 2014.
- ☞ He has won Silver medal in Javelin throw in Maharashtra State Paralympics, Nasik in 2010 & 2012
- ☞ Gold medal in shot put and Silver medal in discus throw in National Paralympics, 2012 is in his name.
- ☞ He has also won Gold medal in Shot put, discus throw in Maharashtra state paralympics, Nasik in 2010 & 2012
- ☞ Hon. Doctorate from Rani Channamma University Belagavi, Karnataka was given on 29th May 2019.





## BEAUTY TIPS

# Skin Bleaching

Bleaching agents are often used to lighten the dark and pigmented areas of skin, including blackish, age spots and freckles. This is known as Skin Bleaching.

Following are a few different types of bleaching which can be done at home.

**1) Turmeric Bleach** : Turmeric works as a natural antiseptic. Apart from brightening the skin, it also helps get rid of acne and also helps to maintain healthy skin.

Mix  $\frac{1}{2}$  tbsp of turmeric powder along with lemon juice and 1 tbsp of gram flour. Apply on your face and leave it for 15 minutes. Clean off with lukewarm water afterwards.

**2) Honey Bleach** : Honey is antibacterial and has healing powers. It can cure acne, fade blemishes, omit scars. Regular usage of honey can lighten your skin tone as well.

Mix  $\frac{1}{2}$  tbsp of honey and  $\frac{1}{2}$  tbsp of lemon juice together. Apply on the face and let it dry for 20 minutes. Rinse it off with lukewarm water.

**3) Potato Bleach** : Juice of one potato and 1 tsp lemon juice.

Blend the potato and squeeze out its juice by pressing it. Then add 1 tsp. of lemon juice to it & mix well. Apply this liquid on the face and neck. Massage for 4-5 minutes. Leave it for 20 minutes to dry. Then wash it off with cold water.

#### 4) Citrus Bleach : 1 tbsp of Lemon juice

1 tbsp of grapefruit juice

1 tbsp fresh cream.

Mix all and apply this bleach on the face gently. Let it be there for 15-20 minutes to dry. Wash it off with cold water and feel the difference in terms of texture and also of the skin tone. Repeat once a week.

#### 5) Yogurt Bleach :

1 tbsp Yogurt

½ tbsp turmeric powder

1 tbsp gram flour

In a bowl, mix all the ingredients. Make a smooth paste. Apply all over the face and neck area, leave it for 15-20 minutes. Wash it off with lukewarm water.

This brings a glowing and radiant complexion. Repeat this once a week. ■

- Life is like a blanket too short. You pull it up and your toes rebel, you yank it down and shivers meander about your shoulder; but cheerful folks manage to draw their knees up and pass a very comfortable night. ~ **Marion Howard**
- The philosophy of mine earth can be summed up as this: Sunshine creates happiness, and I create myself. Nights are long and life is predominantly good. Wind is refreshing. Tea is wisdom. Do the best you can, and be good to yourself so that you can above all be good to others.

~ **Jessi Lane Adams**

## GREAT MAN

### *What a Heart-warming Story*

## Girish Bharadwaj

### An Engineer who built 127 bridges for free

Girish Bharadwaj is an Indian Social Worker often referred to as Sethu Bandhu and Bridgeman of India.

He was born on 2nd May, 1950 and hails from Sullia Village in Karnataka. He graduated with a Mechanical Engineering degree in 1973 from P.E.S. College of Engineering in Mandya.

He saw how people in remote villages had only one boat to get to the city. And if that boat gets broken, they cannot go anywhere. So Girish decided to do something about it. He had an idea to build a bridge made from steel cables and wooden planks. It takes around 3 months to build a bridge and is just as good as a normal bridge.

He pitched it to the Govt. and they said 'No!'. So he built it himself. He built his first bridge in 1989 across the Payaswini river at Arambur in Southern Karnataka. After the other bridge became a success, other villages also wanted to build a bridge in their village. So he built 30 bridges in Kerala, 2 each in Andhra Pradesh and Orissa, while the rest of his work is in various parts of Karnataka. In total he built 127 bridges and didn't charge a single penny for it. He was conferred Padma Shri award in 2017.

Thanks to Girish, kids from these villages can now go to school and achieve their dreams. People like him are the reason humanity is beautiful. ■

## Why we break a Coconut on Auspicious Occasion??



Why do we break a coconut on an auspicious occasion and why Hindus break coconut when they go to a temple ??

It's the process of breaking the coconut which we have to imbibe within ourselves.

- First you tear away the husk from the coconut.

That husk is your wishes, desires which you need to leave .

- Then comes the hard shell.

That's the Ego. You need to break it.

- What flows after that is Water.

It means all things which are negative inside you flow out.

- Now left behind is the coconut-pure white.

That's the soul.

You connect with the Almighty in your purest form which is your "Soul"

**Hats off to our ancestors**

**who taught us the meaning in everything.** ■





## PRICE OF KUTCH

# DR. JAYESH KAPADIA

Dr. Jayesh Mavji Kapadia of Village Patri in Mundva District of Kutch was born on 3rd January 1957 in Mumbai. He did his schooling from Sampson English High School in Mumbai and then did his M.B.B.S. from G.S. Medical College. Then he did his post graduation (M.D. Pediatrics) and DCH (Gold Medalist) from Jerbai Wadia Hospital for children in 1983.



Dr. Kapadia used to visit as a medical helper for Cataract Surgery Camps and Dental Camps in the year 1978-80 organised by "Bidada Sarvodaya Trust" in Kutch Gujarat.

In order to focus on his own career, he took leave of absence from his medical camp ventures. In the Year 1991, he once again started doing health and medical check-up for school children and examined more than 2500 students in schools in Kutch, for which he was awarded "Best Entrepreneur Award" and "Best Citizen Award."

In 2006 he started visiting Bhojay to give service in Mega Medical Camps organised by 'Bhojay Sarvodaya Trust'. Then he started giving more attention to these medical camps as he felt much more can be done for upliftment of society. During this time, very few children used to attend the camps that were set up in Bhojay Village because of unavailability of transport & lack of proper place in the village and also lack of enthusiasm. So Dr Kapadia started visiting remote villages of Kutch himself and due to his continuous persistence the count started increasing.

Bhivandig are in Banni and Jata Viva Village and Tal Laiyar

Village in Nakhatrana, Dr Kapadia used to sit under the tree for treatment of children and it really helped to get good results.

In the year 2020, 3 monthly slevery camps were conducted in 20-22 villages within a span of 7 days. Camps were also conducted under the banner of 'Mansi' made for Special Children at Bidada, Bhuj, and Mata-no-Madh villages. Since last 12 years or so, Dr Kapadia's simple vision of upliftment of the society. till now more than 1.25 lac children have been treated.

**The main aim of these camps are :**

- ✧ Treat malnutrition and its related diseases.
- ✧ Teach the need of hygiene for mothers and children.
- ✧ To convince them to avoid eating tobacos.
- ✧ To tempt them to take nutritional food-diet.

**Dr. Kapadia has been awarded following  
award and appreciation certificates**

1. Udyog Shree Award from Institute of Economics in 1993
2. Vikas Ratna Award in 1998
3. Best Citizen of India Award in 1999.
4. Token of Appreciation by Bhojay Sarvoday Trust in 2017
5. Token of Appreciation from Governor of Maharashtra for Covid in 2021.
6. Vikas Ratna Gold Award by International Integration and Growth of Society in 2022.
7. Jewel of Sai in November 2022
8. Community Care Excellence Award by Rotary International Committee in 2020
9. Multiple Appreciation Certificates from Rotary Clubs.
10. Lifetime Achievement Award from Thane Pediatrics Association.
11. India International Friendship Society Award. ■



## JAIN HOLY PLACE

# TARANGA JAIN TIRTH

Taranga, refers to a 3-peaked hill located at the Mehsana District of Gujarat on the banks of Sabarmati river. It is located at a distance of 130 kms. from Ahmedabad. It holds great importance to Jains as they consider it to be one of the 5 most Mahatirths. The famed Ajitnath Jain Temple is located here. Though the hills are a major pilgrimage site for the Jains, the temples architecture are a delight to everyone. The temple dating back to the 12th Century AD.; Sport's stuning architecture. One has to climb nearly 700 steps to get here. Along the path many smaller temples are scatered, which are dedicated to Buddhist goddesses.

The construction of the temple was commissioned by the then Solanki king Kumarpal. It is said that the temple was built under the guidance of Hemchandracharya, a famed poet and jain Scholar. After many centuries the temple was renovated by Mughal emperor Akbar in the 16th Century.

Apart from Ajitnath Jain Temple, the hills are famous for a series of Digambar Jain temple. The 14 temples here are dedicated to different tirthankars, was attained salvation here.





Upon reaching the temple, you can see the 7 domed temple. It houses 5 mtr tall sculpture of Ajitnath Dada, the second jain tirthankar.

The Sanctorum bathes in red colour while the exterior of the temple are made up of white Sandstone and bricks. One can see the footprints of the 1st tirthankar Rishabhdev on the right side, as also footprints of 20 tirthankars on th left

side of the temple. The outer walls display an array of idols mostly of women in dancing positions.

The hills also have a connection with Buddhism, as they shelter temples of Taranamata, from whose name the village derives its name 'Taranga'. The temple has ancient sculptures, one of which is a carved out figurine of Dhyani Buddha on a stone plate.

Barring the extreme summer heat months from March to May, the temple can be visited any time. The temperature in summer goes upto 40°C. Intermittent rain happens throughout the year. People come here especially on full moon days. ■



# SANJAY KUMAR

## The Brave Soldier

Sanjay Kumar was born on 3rd March 1976 in village Kalol Bokain in Bilaspur district of Himachal Pradesh. Prior to joining the army, he work as a Taxi driver in New Delhi. His application was reject three times before he was finally selected to join the Army.

On 4th July 1999 as a member of the 13th Battalion Jammu & Kashmir Rifles, he was the leading scout a team tasked to capturing Area Flat Top during the Kargil War. The area held by Pakistani troops. Having scaled the cliff, the team was pinned down by machine gun fire from an enemy bunker about 150 meters away.



Sanjay realising the gravity of the situation and with utter disregard to his personal safety charged at the enemy. In the ensuing hand to hand combat, he killed three of the intruders and was himself seriously injured. Despite his injuries, he charged on to the second bunker. Taken totally by surprise, the enemy left behind a Universal Machine Gun and started running back. Sanjay Kumar picked up that gun and killed the fleeing enemy. Although he was bleeding profusely, he refused to be evacuated. The brave action on his part motivated his comrades and they took no notice of the treacherous terrain and charged on to the enemy and wrested the area of Flat Top from the hands of the enemy.

In Feb. 2322, he received the rank of Subedar Major and is posted to the National Defence Academy In Khadakvasla near Pune, Maharashtra.

During his career, he has been awarded with the Param Vir Chakra (Independance day. 1999) for his part in the Operation Vijay.

Sanjay Kumar's story along with others. Who were part of the same conflict was portrayed in the film LOC Kargil, in which his character was played by famous Bollywood Actor Sunil Shetty ■





## RECIPE

# Pineapple Coconut Barfi

(Navratri Prasad)

- Mrs. Aasha Dasondi (Matunga)

### Ingredients :

- ❑ ½ cup grated coconut      ❑ ½ cup sugar
- ❑ ¼ tsp. Cardamom powder   ❑ 1 tbs milk
- ❑ ½ tsp. Semolina or rava    ❑ 1 tbs ghee
- ❑ 2 tbs grated pineapple or small pieces of pineapple
- ❑ ½ tsp. pineapple essence.
- ❑ little yellow colour (a pinch)

**Method :** Grease a steel plate with a little amount of ghee and keep aside.

In a wide pan or kadai, melt ghee and add grated coconut.

Roast it till coconut gives an aromatic smell. To this, add the sugar, milk and semolina. Stir well. When the sugar starts melting, reduce the flame and stir continuously till the mixture leaves the sides of the pan. Bring it down from the gas.

Let it cool a little. Now add cardamom powder and pineapple pieces. If you are using grated pineapple, squeeze out the juice from it and then add. Also add pineapple essence & yellow colour.

Mix well. Transfer this mixture to the greased plate



and level the mixture with the back of a spoon or flat spatula.

As the mixture cools, the barfi hardens & can be cut into small pieces.

Decorate the pieces with rose petals and offer it to the Devi Maa. ■

**MOTIVATED BY MRS. KANTA PARAKH (LOWER PAREL)  
TO PROMOTE SOCIAL WELFARE INITIATIVES AND SPREAD HAPPINESS**

| Donor's Name              | Area           | Scheme                          | Amt. ₹   |
|---------------------------|----------------|---------------------------------|----------|
| ☛ Jyoti Jalaan            | Parel          | Sweet Lunch                     | 7,000/-  |
| ☛ Anil Kothari            | Worli          | Lunch                           | 5,000/-  |
| ☛ Madhu Poddar            | Prabhadevi     | Lunch                           | 5,000/-  |
| ☛ Kalpesh Ambani          | Lower Parel    | Lunch                           | 5,000/-  |
| ☛ Sharda Deshbandhu Kagzi | Cuffe Parade   | Lunch                           | 7,100/-  |
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| ☛ Ekta Gupta              | Lower Parel    | Lunch                           | 5,000/-  |
| ☛ Shruti Nevatia          | Marine Drive   | Lunch                           | 5,000/-  |
| ☛ Manisha Parari          | Marine Drive   | Lunch                           | 5,000/-  |
| ☛ Sambhaji                |                | Medicine                        | 1,500/-  |
| ☛ Sheela Gupta            | Lower Parel    | Medicine                        | 1,100/-  |
| ☛ Kavita Ambani           | Lower Parel    | Medicine                        | 500/-    |
| ☛ Meeta Thakkar           | Matunga        | Jeevdaya                        | 500/-    |
| ☛ Prema Poddar            | Lower Parel    | Jeevdaya                        | 500/-    |
| ☛ Rajeev Deora            | Lower Parel    | Sweets                          | 12,000/- |
| ☛ Krishna Deora           | Lower Parel    | 22 Lunches at<br>J. J. Hospital |          |



# Wonderful Definations

**School** : A place where parents pay and children play.

**Life Insurance** : A contract that keeps you poor all your Life so that you can die Rich.

**Nurse** : A person who wakes you up to give you a sleeping pill.

**Marriage** : It's an agreement in which a man loses his bachelor's degree and a woman gains her masters.

**Tears** : The hydraulic force by which masculine will power is defeated by feminine Waterpower.

**Conference** : The confusion of one man multiplied by the number present.

**Father** : A banker provided by nature.

**Boss** : Someone who is early when you are late and late when you are early.

**Politician** : One who shakes your hand before elections and your confidence after elections.

**Hospital** : An institution which holds your ills by pills and kills you by bills.

**Conference Room** : A place where everybody talks, nobody listens and everybody disagrees later on.

Laughter Makes Life Easy. ■





## **Kids Corner**

### INSPIRATIONAL STORY

# Exclusion to Inclusion.

*Compiled by : Ashaben Dasondi, Matunga*

In a school, the teacher brought 9 chairs for 10 children and she told the children that the winner is the one who gets the chair; and whoever remains without the chair is out in the game. Then they reduce the number of chairs each time and a child comes out every time until one child remains and he is declared the winner.

The children learn from this game "Myself, myself and in order to succeed I must remove others."

And in Japanese Kindergardens, they play the same game of chairs also. They also come with 9 chairs and 10 kids with a difference that they tell the children that you have more chairs. If one of you remains without a chair, everyone loses.

All the children try to hug each other so that 10 children can sit on 9 chairs, and then they reduce the number of chairs successively with the rule remaining the same that they must make sure that no one remains without a chair or else they will all lose.

Here the children learn the culture that "I cannot succeed without the help of others to succeed."

Think over again & again from Exclusion to Inclusion.





## HUMOUR

- Ashaben Dasondi,  
Matunga



Husband : "I lost my wife.  
She went shopping and hasn't  
come back yet."

Police : What is her height.

Husband : I never checked

Police : Slim or healthy?

Husband : Not slim, can be healthy

Police : Colour of eyes.

Husband : Never noticed.

Police : Colour of hair.

Husband : Changes according to season.

Police : What was she wearing?

Husband : Not sure, whether it was a Dress or Suit

Police : Was she driving?

Husband : Yes

Police : Colour of car ?

Husband : Black Audi, A8 with supercharged 3.0 litre V6 engine, generating 333 horsepower teamed with an eight-speed Tiptronic automatic transmission with manual mode. And it has full LED head lights which use light emitting diodes for all light functions and has a very thin scratch on the front left door ... and then the husband started crying.

Police : Don't worry sir, We will find your car. ■

*Designing & Typesetting : Samir Parekh, Creative Page Setters, Vidyavihar.*



"A successful man continues to look for work after he has found a job."



## Picture Speaks of Jeevan Jyot Old Age Home



**Mrs. Rajni Barasia, who provides food grains and daily necessities to the sick elderly at Jeevan Jyot Old Age Home, and Founder and Managing Trustee of the organization Shri Harakhchandbhai Savla (Badawala) and Trustee Smt. Nirmala Savla (Badawala).**



**In loving memory of Smt. Manjul Deviji, served meal with sweet to the sick elderly people at Jeevan Jyot Old Age Home.**

To,



### The picture speaks of compassion



Handing over a sewing machine as a means of livelihood to a single mother who is struggling with the difficult treatment of a fatherless cancer-stricken child by the Founder and Managing Trustee of the Trust  
Shri Harakhchandbhai Savla (Badawala).